

COMMUNITY CAFE

FULL OF GOOD FOOD
FULL OF GOOD CHEER
FULL OF GOOD FUN



THE CHEAPEST
MEAL IN TOWN
THAT'S GOOD FOR
YOU

Community Café's are more than just a place to go to enjoy a delicious meal. Many Café's have games, music, cards, auctions, etc. to make the day fun. People come to the Café to visit with other diners and catch up on local news as well.

We welcome everyone into our cafes' and hope seniors will bring friends and family so they can all enjoy lunch together. The meals are delicious and well-balanced, meeting one third of the Recommended Daily Allowance of nutrients. The monthly menus are varied offering health favorites like Mac and Cheese, Roast Turkey or Fish Chowder to name a few.

All meals are served with reduced fat milk. Some foods may contain MSG.

\$4.00 per meal

suggested donation for age 60 and older.

\$4.00 per meal for everyone under age 60.

Additional donations are greatly appreciated.

RESERVATIONS REQUIRED



"LIKE US ON FACEBOOK"

Northern PENOBSCOT—

Lincoln—

Lakeview Senior Living—20 Main St.
T & Th—403-7300—NOON

Millinocket—

Stearns Assisted Living—80 Maine Ave.
M—F—723-2045—11:30 AM

Patten—

Patten Pentecostal Church—102 Main St.
Last M of month—548-2641—NOON

Southern PENOBSCOT—

Bangor—

All Souls Congregational Church—10 Broadway
M, W, F—404-5848—NOON

Nason Park Manor—140 Hancock St.
T & Th—992-9481—11:30 AM

Bangor House—174 Main St.
W—941-2871—NOON

Brewer—

Heritage-15 Colonial Circle, Ste. 1
W & F—404-5847—NOON

Hampden—

Kiwanis Civic Center—1245 Main St.
Thurs—862-5668—11:30 AM

Orono—

Parker Dining Rm—3 Main St.
M—W & F—866-7944—11:30 AM

HANCOCK—

Bar Harbor—

Malvern Belmont Apts.—Rt .238
M-F—288-4770—11:30 AM

MDI YMCA—21 Park St.

2nd M of month—288-4770—11:30 AM

Brooksville—

Townhouse—Coastal Rd.
Th—326-8864—NOON

Deer Isle—

Deer Run Apts., Rte. 15
M-Th—348-6879—11:30 AM

Ellsworth—

Moore Comm. Ctr, 5 General Moore Way
T, Th—664-6016—NOON

Franklin—

Pinebrook Apts. 10 Pinebrook Rd
T—565-3382—NOON

Northeast Harbor—

Maple Lane Apts.—24 Maple Lane
W—288-4770—11:30 AM

Penobscot—

First Methodist Church—14 Southern Bay Rd
(Rt 175)
M—326-9488—11:30 AM

Sedgwick—

Benjamin's Pantry, Rt 175
W—348-6879—NOON

Southwest Harbor—

East Ridge Apts.—25 Village Green Way
M & T—W & F—288-4770—11:30 AM

WASHINGTON—

Calais—

Palmer Lane Estates—72 Palmer Lane
Th—454-2215—11:30 AM

Lubec—

Sunrise Apartments—5 Emery Circle
T & Th—454-2215—NOON

Machias—

Blue Bird Ranch Rest. 78 Main St. —
3rd M—454-2215- 11:00 AM

PISCATAQUIS—

Corinna—

Corundel Commons—14 Hill St.
T—924-2040—NOON

Dexter—

Town Hall—10 Hill St.
T & Th—924-3458—NOON

Dover-Foxcroft—

The Common—162 E. Main
W-343-3018 OR 943-2488—11:30 AM

Greenville

Dean park House—30 Murray St.
T & Th—695-3844—11:30 AM

Milo—

3 River's Kiwanis Bldg.—24 Gerrish Rd
T—943-2488—11:30 AM

**PLEASE MAKE RESERVATIONS AT LEAST
ONE DAY AHEAD. THANK YOU.**