

Waffles, Apple Compote
Turkey Sausage Links,
Seasoned Breakfast
Potatoes

This is just *an example* of the delicious Comfort Food meals available.

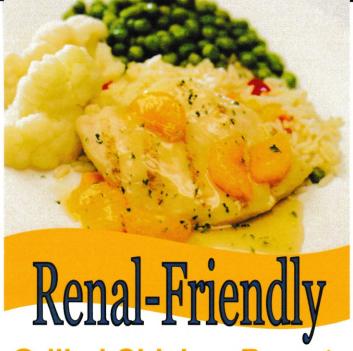
There are many other entrees to enjoy.

Delicious, medically appropriate meals from:





3D Catering is a program of EAAA 1-800-432-7812 eaaa.org



Grilled Chicken Breast,

Orange Teriyaki Sauce, Sesame Vegetable Rice & Mandarin Oranges, Cauliflower and Peas

This is just *an example* of the delicious Renal-Friendly meals available.

There are many other entrees to enjoy.

Delicious, medically appropriate meals from:





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Comfort Food

These hearty meals will take you back to mom's kitchen, and leave you feeling cozy and nostalgic. And they are delicious and satisfying.

We have many other entrée choices available.

Per Serving:		
Serving Size: 1 container	208g	
Calories:	329	
Calories from Fat:	96	
Fat:	10.5 g	14%
Saturated:	2.0 g	10%
+Trans:	0.0 g	
Cholesterol:	20.0 mg	7%
Sodium:	645.5 g	28%
Carbohydrate:	50.0g	18%
Fiber:	1.5 g	6%
Sugars:	15.5 g	
Protein:	18.5 g	

More Medically Appropriate Meals:

- Heart-Friendly
- Renal-Friendly
- Low-Sodium
- Pureed
- Diabetic-Friendly
- Vegetarian
- Gluten-Free

Renal-Friendly

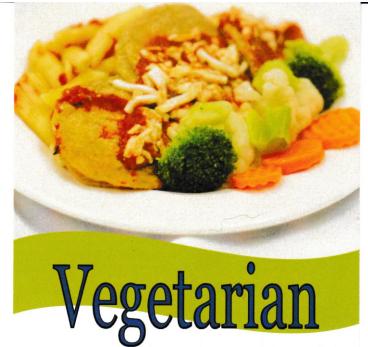
With 700mg or less of sodium and 650mg or less of potassium, our meals are specially designed for people on hemodialysis, home dialysis, or peritoneal dialysis.

We have other entrée choices available.

Per Serving:		
Serving Size: 1	374g	
container		
Calories:	367	
Calories from Fat:	47	
Fat:	5.5 g	8%
Saturated:	1.0 g	5%
+Trans:	0.0 g	
Cholesterol:	60.0 mg	20%
Sodium:	426.5 mg	18%
Carbohydrate:	50.0 g	17%
Fiber:	6.5 g	26%
Sugars:	17.5 g	
Protein:	30.0 g	

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- Diabetic-Friendly
- Comfort Food
- Gluten-Free



Eggplant Parmesan, Pasta, and a California Vegetable Blend

This is just *an example* of the delicious Vegetarian meals available.

There are many other entrees to enjoy.

Delicious, medically appropriate meals from:





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1-800-432-7812
eaaa.org



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Vegetarian

The vegetarian meals do not contain pork, beef, chicken, or fish, and are also heart-friendly, diabetic-friendly, renal-friendly, and low cholesterol.

We have many other entrée choices available.

Per Serving:		
Serving Size: 1 container	390g	
Calories:	440	
Calories from Fat:	144	
Fat:	16.0 g	20%
Saturated:	4.5 g	23%
+Trans:	0.0 g	
Cholesterol:	15.0 mg	5%
Sodium:	976.0 g	31%
Carbohydrate:	58.5g	21%
Fiber:	7.5 g	27%
Sugars:	10. g	2
Protein:	15.5 g	

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- Comfort Food
- Gluten-Free

Gluten-Free

The gluten free meals are for customers with a diet restricting gluten, wheat, or related grains. They are tested to meet FDA requirements of less than 20ppm of gluten per meal.

We have other entrée choices available.

Per Serving:	Walker B	
Serving Size: 1 container	411g	
Calories:	324	
Calories from Fat:	59	
Fat:	6.5 g	10%
Saturated:	2.0 g	20%
+Trans:	0.0 g	
Cholesterol:	66.5 mg	22%
Sodium:	562.0 mg	23%
Carbohydrate:	38.0 g	13%
Fiber:	10.0 g	40%
Sugars:	8.5 g	
Protein:	29.0 g	

More Medically Appropriate Meals:

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