

Have trouble getting food?

Call Eastern Area Agency on Aging!



Actual 30 lb. box of free food.



EAAA and the USDA offer the
**Commodity Supplemental
Food Program (CSFP)**,
to help seniors stock their shelves.

What is the CSFP?

It is a free, 30-pound
box of food, every month,
for low-income seniors.

Each box contains:

- Ultra-pasteurized milk
- Juice
- Farina and dry cereal
- Canned meat
- Rice or pasta
- Peanut butter
- Dry beans
- Canned fruits and vegetables

Are you eligible?

- Must be 60 or older.
- Monthly income:
\$1307 for a single.
\$1760 for a couple.

**Call EAAA at
1-800-432-7812**